



Don't forget to eat your fruit and veggies!

# Charles City Schools Elementary Lunch Menu

Fresh fruit and vegetable bar offered daily!

January 2019

## MONDAY



## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### National Soup Month

Happy New Years!

No School/Professional Work Day

### HOM: Grapefruit

Corn Dog

Cheese Pizza

Pulled Pork Sandwich

Pretzel Bites w/Cheese Cubes

Ham Deli Sub Sandwich

Crispy Chicken Salad

Grapefruit Orange Coleslaw

Corn

Pancakes  
Strawberry Topping

Biscuits & Gravy

Chicken Caesar Salad

Scrambled Egg  
Breakfast Potatoes

Roast Pork & Gravy

Crispy Chicken Tenders

Turkey BLT Salad

Warm Cinnamon Apples  
Mashed Potatoes  
Whole Grain Dinner Roll

Grilled Ham & Cheese Sandwich  
Tomato Soup

Philly Flatbread

Chef Salad

Calico Bean Bake  
Birthday Cake

Crispito

Turkey Deli Sub Sandwich

Beef Taco Salad

Chips and Salsa

### National Milk Day

Build Your Own Cereal Bowl  
Cheese Stick  
Cinnamon Roll

Yogurt Pak with Bagel

Turkey BLT Salad

Green Beans

Crispy Chicken Sandwich Basket

All American Burger Basket

Buffalo Chicken Salad

Kettle Potato Chips  
Pickle Slice

### HOM: Basil and Onion

Cheesy Italian Flatbread

Grilled Cheese Sandwich

Turkey BLT Wrap

Vegetable Soup

Chicken Bacon Ranch Melt

Pretzel Bites w/Cheese Cubes

Chef Salad

Garden Salad

Beefy Nachos with Cheese

Chicken & Cheese Quesadilla

Turkey Deli Sandwich

Refried Beans

No School/Teacher Work Day

MLK Day/Make-Up Day

French Toast Sticks  
Sausage Patty

Hot Ham & Cheese Flatbread

7 Layer Salad

Breakfast Potatoes

Beef Stroganoff  
Whole Grain Dinner Roll

BBQ Meatball Sub

Fruited Spinach Salad

Garlic & Herb Broccoli  
Mini Rice Krispie Treat

Chicken Nugget Basket  
Whole Grain Dinner Roll

Fish Sandwich Basket

Turkey Deli Sub Sandwich

Golden French Fries

Beef Chili  
Bread Bowl  
Or Cornbread

Chili Dog

Crispy Chicken Salad

Seasoned Ranch Wedges

Sweet n Sour Chicken Bites  
Brown Rice

Yogurt Pak with Bagel

Chicken Caesar Salad

Green Peas

Lasagna Rollup with Sauce  
Garlic Toast

BBQ Rib Sandwich

Ham Deli Sub Sandwich

Caesar Salad

Walking Taco  
Lettuce, Tomato, Cheese

Buffalo Chicken Fajita Wrap

Chef Salad

Spicy Pinto Beans

Roast Pork & Gravy  
Whole Grain Dinner Roll

Roasted Hot Dog on a Bun

Beef Taco Salad

Mashed Potatoes  
Homemade Brownie



### Prices

|         |        |
|---------|--------|
| Regular | \$2.60 |
| Reduced | \$0.40 |
| Adult   | \$3.75 |

### HARVEST OF THE MONTH



### EXTRA INFO

Milk choice of 1% or ff chocolate available.  
For questions/comments, please contact your FSD  
at 641-257-6505 ext 2316 or  
email [taher@charles-city.k12.ia.us](mailto:taher@charles-city.k12.ia.us)

